

# Ascensa Shower Steamers

Looking for a quick spa experience at home?



## Take a Breath Shower Steamers

Shower Steamers are meant to dissolve slowly over the course of your shower and operate as steam-induced aromatherapy. Each steamer comes individually wrapped. They are 20 g each and last single to double use depending on your shower habits.

Four aromatics to choose from for your mood:

**Sweet Orange:** invigorates and uplifts

**Lemongrass & Cedarwood:** revitalizes the body

**Eucalyptus Mint:** clears the mind

**Lavender & Vanilla:** soothes and relaxes

\$1.50 / steamer

**Directions:** Place steamer in shower out of direct stream of water. Sprinkle some water on it to activate the menthol and essential oils. As the steamer starts to dissolve the steam and humidity generated from a hot shower helps to enhance the aroma of the essential oils in the air.

**Ingredients:** sodium bicarbonate, citric acid, corn starch, epsom salt, castor oil, essential oil, menthol, pigment

### Essential Oils

- Citrus sinensis (sweet orange) oil
- Cymbopogon citratus leaf oil & Cedrus deodora (cedarwood) oil
- Eucalyptus globulus oil & Mentha piperita (peppermint) oil
- Lavandula angustifolia (lavender) oil & Vanilla planifolia extract

**Safety:** For shower use only – do not use in the bath. The high concentrations of menthol and oils are not for direct skin contact. Not for use while pregnant or breast feeding.  
Not for use with small children or infants.

These are made to order and require 24 hours for curing. Minimum order of four for one scent. Mix & Match minimum order of eight.